

Diabetes Criteria #4

Arrange for a health care professional to train school personnel on diabetes symptoms, risk factors and prevention.



Definition: Arrange for a health care professional, such as a school nurse or diabetes educator, to come and give a short presentation in a faculty meeting. Invite that person to talk about healthy glucose levels, how to recognize signs and symptoms of diabetes, hyperglycemia and hypoglycemia, and what to do if a student or staff member has high or low blood sugar levels. They may also include general diabetes mellitus information and prevention efforts.

Resources:

UDOH Diabetes Prevention and Control
(will refer you to a Certified Diabetes Educator)

<http://health.utah.gov/diabetes/>
Darin Larson
801-538-7013
dlarson@utah.gov

Local Health Department

School Nurse

Helping the Student with Diabetes Succeed: A Guide for School Personnel

http://www.ndep.nih.gov/diabetes/pubs/Youth_SchoolGuide.pdf

National Diabetes Education Program 1-800-860-8747 (for a free copy)

Diabetes Training Sessions

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Assignments

School Coordinator Assignments

- Contact school nurse, diabetes educator, or local health department
- Arrange for a health care professional to speak to staff
- Coordinate time and day with school and health care professional
- Help health care professional get materials if needed
- Please note, the presentation can be any length as long as it is effective
- Provide a training on transitioning newly diagnosed children and their families